european rowing

under 19 championships



1-2 June 2024 Kruszwica Poland

TEAM MANAGERS' MANUAL







Global partners





Local partners

















ORGANISING COMMITTEE



OC and Regatta Venue Address :

Półwysep Rzępowski, 88-150 Kruszwica Poland

Phone: +48 727 438 508

E-mail: BeataKruszwica@wp.pl

Website: https://www.eru19ch2024.com

Honorary Organising Committee

Piotr Całbecki Marshal of Kuyavian-Pomeranian

Voivodeship

Mikołaj Bogdanowicz Mayor of Kruszwica



Tomasz Kubiak -

ORGANISING COMMITTEE

Competition Office

Stefan Janeczek -President of the Organising Committee. The President of Kuvavian-Pomeranian Regional Rowing Association. The President of "Gopło" Kruszwica Rowing Club Robert Zaborski -Vice President of the Organising Committee. The General Secretary of Polish Rowing Association Franciszek Kamiński -Member of the Polish Rowing Association Management, The President of the Committee for Organising Rowing Competitions in Poland The Secretary of "Gopło" Kruszwica Rowing Zofia Ziółkowska -Club The Member of Organising Committee. Beata Marecik -The Secretary of "Gopło" Kruszwica Rowing Club Adam Puchała -Technical coordinator. Member of the Management Board of the "Gopło" Kruszwica Rowing Club Maciej Banachowski -President of the Regional Water Volunteer Rescue Service in Kruszwica

Specialist in the prevention department District

Police Headquarters in Inowrocław

WORLD ROWING



European Rowing Board

European Rowing President
European Rowing Vice-President
European Rowing Board Member
World Rowing Technical Delegate
President of the Jury
European Rowing Umpiring
Commission Member

Annamarie Phelps
Patrick Rombaut
Eva Szanto
Algirdas Raslanas
Neville Tanzer
Asuncion Loriente Perez
Dusan Machacek
Jernej Slivnik
Anna Widun
Vladimir Meglic

European Rowing office is located in the new club building.



GENERAL INFORMATION

Important Phone Numbers

Emergency: 112 Medical: 998

Regatta Venue: +48 727 438 508

Team Information Centre

Beata Marecik

issues there.

Phone number: +48 727 438 508

The Team Information Centre is located in Accreditation Centre and is open from 7.00 to 19.00. The office provides information regarding: - official announcements; - general notices; -start lists; -results.

Team managers are free to receive other information or raise needed

GENERAL INFORMATION



Venue and Course Opening times

Training days - Thursday 30.05.2024

Venue opening times: 06:30 - 20:00 hrs Course opening times: 11:00 - 19:00 hrs

Training days - Friday 31.05.2024

Venue opening times: 06:30 - 20:00 hrs

Course opening times: 08:00 - 12:00 and 13:00 - 18:00 hrs

Racing day I - Saturday 01.06.2024

Venue opening times: 06:30 - 20:00 hrs Course opening times: 07:00 - 19:00 hrs

Racing day II - Sunday, 02.06.2024

Venue opening times: 06:30 - 20:00 hrs Course opening times from 07:00 hrs

Meetings

Team Managers Meeting & Draw: Friday, 31.05.2024, 16:00 hrs

First Jury meeting: Friday, 31.05.2024, 17:00 hrs



TRAINING AND COMPETITION ON THE COURSE

Control Commission

The Control Commission is located between the incoming and outgoing pontoons. The Control Commission will be in operation during all times the course is officially open.

Crew Photos

Team Managers will be notified of the athletes that have not yet had their photographs taken for the World Rowing athlete database. These athletes should have their passport style photograph with a light background emailed to registration@worldrowing.com by 14:00 hrs on the day of the Draw.

Bow Numbers

The bow numbers will be distributed to the crews on the outgoing pontoon and collected on the incoming pontoon.

TRAINING AND COMPETITION ON THE COURSE



Advertising

Please check the World Rowing Rules of Racing and related Bye-Laws to ensure that your racing uniforms and boats comply with the advertising rules.

Boat Weighing

The boat weighing station will be located in the center of the marina. Test scales will be available from Thursday 30.05.2024, at all times that the venue is open, except during racing.

Athlete Weighing

Athlete weighing station will be located in a tent on the marina center. Test scales will be available from Thursday 30.05.2024, during opening hours of the venue.



TEAM FACILITIES AND SERVICES

Team contact and translator

Agnieszka Kujawińska +48 605 993 602

Boat Storage

The boat racks are situated in the boathouse area. The Organising Committee will assign boat racks for all boats. Teams are responsible for their boats to be safely tied to the racks and are in no risk to be damaged due to adverse weather conditions.

Launch Pontoons

There is one outgoing and one incoming pontoon.

Boat Repair

Boat repair station is located at the Rowing harbour.

Boat Washing

No chemical detergents or other sources of environmental pollutants should be used during boat washing. The boat washing area is located in front of the boathouse.

Ergometers

Ergometers for training and warming up or cooling down will be provided – see the map of the venue. These will be positioned 1 m apart to ensure safe distance between athletes. Each athlete must disinfect the equipment before and after use.

TEAM FACILITIES AND SERVICES



Team Tent Area

It is possible to rent a tent from the Organising Committee at an individual price. Please send your requests to beatakruszwica@wp.pl. In case you want to bring your own tent, please indicate the dimensions and further details to the Organising Committee. If you have not discussed this yet, please contact beatakruszwica@wp.pl as soon as possible.

Sanitary Facilities/Toilets

The toilets and showers are in the center of the marina.

Bag Storage

There will be a secure area in the box departure platform for athlete's bag storage. The bag drop-off will be open during the official opening hours of the course.

Rest Area

The team rest area is in the tent located on the hill.

Viewing Area for Athletes

Athletes can watch the races from the grandstands at the Accreditation Centre.

Coaches Viewing

It is not possible to follow the races along the course.

Bike Rental

Bike rental: There will be no bike rental services provided by the 2024 ERU 19CH OC.



MEDICAL FACILITIES AND SERVICES

Rescue and Safety

There will be an on-water rescue team in charge of on-water rescue during official hours of the regatta course.

Two ambulances will be on duty at the marina.

Doping Control

The Doping Control Centre is located in the Medical Centre above the boathouse. All doping control tests will be conducted in accordance with WADA and World Rowing requirements. For all information about the Anti-Doping controls and procedures, please refer to the World Anti-Doping Code and International Standards available on the website www.wada-ama.org and the World Rowing Anti-Doping Bye-Laws. Further information is available on the World Rowing website www.worldrowing.com

Massage

The massage facility is located in the rest tent on the parking lot, above athletes area. The Organising Committee does not provide physiotherapists' care.

MEDICAL FACILITIES AND SERVICES



Emergency

In case of a (medical) emergency, immediately call 112

Medical centre Manager: **Dr Przemysław Paciorek** Phone number: +48 727 438 423. The Medical Centre is located in the athletes area, by the entrance (from the shuttle bus drop off) and will be open during the opening times of the venue. First aid will be available during opening times.

Dental Service

Dentist **Stomatologia Lewandowscy**, 11 listopada st. 13, 88-230 Piotrków Kujawski. Phone number: + 48 662 387 388

Local Hospital

Wielospecjalistyczny Szpital Miejski im. Dr. Ludwika Błażka, Poznańska 97, 88-100 Inowrocław, - Located 13 kilometres from the venue, phone number:+ 48 52 354 55 00

Pharmacy

Pharmacy Vitafarm Niepodległości 4, 88-150 Kruszwica, +48 691 390 678

Note: the expenses for any medical treatment are the responsibility of the patient. All Member Federations are responsible for adequate insurance of their team members according to Rule 15 of the World Rowing Rules of Racing.



TRANSPORTATION AND PARKING SERVICES FOR TEAMS

Airport/Railway Transport

Arrival Airport

There will be a welcome desk for teams in front of the main entrance , with the Event Logo.

Arrival at Train station

A host will welcome the teams at the train station and guide them to their hotel shuttles. You will find the host at the arrival platform.

Contact to the transport department

Phone number: +48 727 438 508.

Local Transport

Transfer between accommodation and venue:

The buses will wait in front of your hotel. To go from the venue to the hotel you can get onto the buses at the athlete bus drop off point. The official transport service will operate from 30.05.2024 – 02.06.2024.

The service will operate from 06:00 to 20:00 on training days and from 06.00 to 20.00 on racing days.

Buses will be waiting in front of the Hotel from 6:00, to take participants to the race track.

The local shuttle schedules will be displayed in the team hotels.

Transportation lists will be available for inspection at the Accreditation Center, and at the hotel receptions. Please read them.

Transport on request will be available

by e-mail: BeataKruszwica@wp.pl Local shuttle requests need to be submitted by the Team Managers by 14:00 hrs for the following day.

TRANSPORTATION AND PARKING SERVICES FOR TEAMS



Transportation Office

Beata Marecik - Phone number: +48 727 438 508

The transportation centre is located in the information centre office. Transportation is free of charge, only for the teams which booked accommodation with the Organising Committee. BeataKruszwica@wp.pl The office is open daily from 6:30-20:00

The below transport services are provided to teams who have booked Organising Committee accommodation:

- 1) Bus transfer from airport/train station to the hotels or to the regatta venue. The Organising Committee will provide transfers to and from the train stations listed below Airport/Train Station for OC pickups & drop-offs:
- Bydgoszcz airport (BZG) / Bydgoszcz Train Station

 approx. 1 hour drive from the venue
- Poznan Airport (POZ) / Poznan Main Station

 approx. 2 hours drive from the venue
- Gdansk Airport (GDN) / Gdansk Main Train Station

 approx. 2,5 hours drive from the venue.
- Warsaw Airport (WAW) / Warsaw Main Train Station

 approx. 3 hours drive from the venue.
- 2) Bus transfers from their hotels to the venue and back. 3) Bus transfers from their hotels or the venue to the airport/train station.

Bookings for these services can be made as follows:

- 1) All teams will be requested to share their arrival and departure details. Each team will be contacted by the Transportation Manager to confirm their shuttle upon arrival to their hotel.
- 2) All teams are to complete the departure transportation request until Saturday, 01.06.2024, 12:00 hrs"

There is a possibility of transportation on request, in that case please contact the Accreditation Office BeataKruszwica@wp.pl The transport office is open daily 06:30 -20:00



ACCOMMODATION

Accommodation Office

Manager: Beata Marecik

Phone number: +48 727 438 508

E-mail address: BeataKruszwica@wp.pl

Washing and Drying Facilities

Each hotel has its own arrangements concerning the washing and drying facilities. Please contact your host or the reception desk at your hotel.

TRANSPORTATION AND PARKING SERVICES FOR TEAMS



Team Vehicles and Parking

The parking for vehicles having a parking pass, is located by the entrance to the regatta course.

The parking pass is available on request at the Organising Committee office.

Boat Trailers

The trailers can be unloaded in the boathouse area. After unloading, the trailers must be moved immediately to the trailer parking area above the athletes area. Trailers will be allowed to the boathouse area again on the Sunday 02.06.2024, half an hour after the final race.



ACCOMMODATION LIST

List of Accommodations:

1.Oaza Hotel

ul. Świętokrzyska 76, 88-100 Inowrocław, phone +48 52 311 15 00

2.Hotel Bast

ul. Królowej Jadwigi 35, 88-100 Inowrocław, phone + 48 52 357 20 24

3. Focus Hotel Premium

ul. Solankowa 17, 88-100 Inowrocław, phone + 48 52 511 41 41

4. Hotel Park

ul, Świętokrzyska 107, 88-100 Inowrocław, phone +48 <mark>52 355 53 73</mark>

5.Zajazd u Piasta Kołodzieja

ul Zamkowa 10, 88-150 Kruszwica, phone +48 52 351 53 12

6. Zajazd Pod Kogutkiem

Busewo 1, 88-320 Busewo, phone +48 692 416 432

7. Apartamenty Platinum

ul. Królowej Jadwigi 24, 88-110 Inowrocław, +48 533 352 323

8. Zaplecze socjalno-noclegowe OSiR

Inowrocław ul. Daniela Rakowicza 93, phone + 48 52 35 55 364

FOOD FACILITIES AND SERVICES



Meal Times

At the hotels:

At the Regatta Venue:

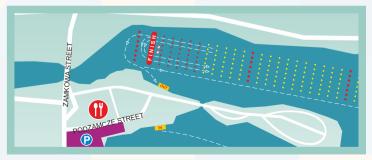
Breakfast: 6.30 - 10.00 hrs Dinner: 18 00 - 21 00 hrs Lunch: 12.00 - 16:00 hrs

General Information

Teams who have booked their accommodation through the OC, reside at selected hotels on a full board basis. Breakfast, lunches and dinner are included. Please be advised, that tap water in Poland is drinkable. Athletes are encouraged to use their reusable water bottles. You must have a food voucher to use the meals. It will be issued when you receive your accreditation.

Lunches at the Venue

The athletes' restaurant (at the regatta venue) is located next to the race track. Please note: Lunch will be provided at the regatta venue only. Lunch vouchers will be needed to have access to the athletes' restaurant. Teams that have booked accommodation through the OC can pick up their lunch vouchers during the accreditation.





ACCREDITATION

Accreditation Office

Manager: **Beata Marecik** Phone: +48 727 438 508

E-mail address: BeataKruszwica@wp.pl

The Accreditation Office is located in a container at the entrance

to the venue.

General

The Accreditation Office opens on Thursday 30.05.2024 and is located in the Information Centre. All participants at the event must be accredited. Only the Team Manager will be allowed to enter the Accreditation Office.

The opening times of the Accreditation Centre are as follows:

- 30.05.2024: 6:30 - 20:00 hrs

- 31.05.2024: 6:30 - 20:00 hrs

- 01-02.06.2024: 6:30 - 18:00 hrs

ACCREDITATION



Entries

Entries will close on Monday on 20.05.2024.
Entries can be submitted online via World Rowing database:
www.worldrowing.swisstiming.com
For any questions related to the entries process please contact registration@worldrowing.com

WR Biography and Commitment Forms

All competitors and team officials, who have not already done who are required to sign the World Rowing Commitment Form and complete the WADA Consent Form. These forms will be distributed to the Teams by World Rowing and should be returned to the World Rowing representative in the Accreditation Office, before the Draw, and in the World Rowing office after the Draw.

Crew Changes:

Team Managers are requested to check the entry forms by 13:00 hrs on Friday 31.05.2024 (3 hours before the Draw). If there are changes in the crews or differences in the spelling of the names, they must complete Crew Change Forms and submit them immediately electronically to World Rowing via registration@worldrowing.com. For medical substitutions and withdrawals, please contact the European Rowing Doctor.

Accreditation

Any accreditation requests for non-athletes (e.g. Team Managers, coaches, physiotherapists) shall be submitted to the OC Beata Kruszwica@wp.pl before Wednesday 22.05.2024.



MEDIA

Media Centre

Manager: Przemysław Bohonos

The Media Centre is located below the grandstands.

Opening hours

Friday 31.05.2024 - 06:30 to 20:00 hrs Saturday 01.06.2024 - 06:30 to 20:00 hrs Sunday 02.06.2024 - 06:30 to 20:00 hrs

Accreditation

International and Local Media should seek accreditation through World Rowing's website at www.worldrowing.com/mediacenter. All media can pick up their accreditation at the Accreditation office starting 30.05.2024.

Interviews & press conferences

Information on interview requests, press conferences and the mixed zone will be available in media Press Conference.

Live streaming

On Saturday and Sunday, the event will be live streamed.

The link to the live stream will be published on the Organising Committee's website and on worldrowing.com prior to the event.

MISCELLANEOUS SERVICES



Banking

The currency in Poland is Złoty. You can find a foreign exchange service in every hotel.

Internet & Wi-Fi

Each hotel has its own arrangements concerning Wi-Fi. Please contact the reception desk at your hotel. At the venue, free Wi-Fi is available: Network: **European Rowing Championship**, Password: **rowing2024**

Lost and Found

The lost and found facility is located in Luggage storage room.

Shops/Markets

The closest market is Galeria Solna in ul. Wojska Polskiego 16, 88-100 Inowrocław

Tourist Information

For information about the tours (inside and outside of Kruszwica), visit the Team Information Centre.



APPENDIX



- (B) Boats Area
- Empire Area
- Warm Up Area
- Coal Down Area
- Observation Ama
- (M) Dity Center
- (S) Regatta Bus Stop
- (i) Information
- Medical Point

- Shop

- Campate
- Lifeguard
- M Cm land





REGATTA COURSE

KRUSZWICA - POLAND

APPENDIX



- 1. AMPHITHEATRE
- 2. START POINT ISLAND
- 3. UMPIRE'S TOWER
- 4. ARRIVAL PLATFORM
- 5. DEPARTURE PLATFORM
- LIFEGUARD
- REFEREE OBSERVER
- M ON LAND

TRAFFIC RULI

ZASADY POR PO TORZE W CZ



AND 1. AMFITEATR 2. WYSPA STARTOWA ES - TRAINING 3. WIEŻA SEDZIOWSKA 4. POMOST DOJAZDOWY 5. POMOST ODJAZDOWY USZANIA SIĘ RATOWNIK WODNY SEDZIA OBSERWATOR **ASIE TRENINGU** M NA LADZIE



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http://www.eru19ch2024.com





